



TECHNICAL COLLEGE
OF THE LOWCOUNTRY

**POLICY: Technical College of the Lowcountry Wellness Activity
Number: 5.1.9**

Responsibility: Human Resources
Approved: June 19, 2024
State Policy/Law:

Commission Chair

President

DISCLAIMER: PURSUANT TO SECTION 41-1-110 OF THE CODE OF LAWS OF SC, AS AMENDED, THE LANGUAGE USED IN THIS DOCUMENT DOES NOT CREATE AN EMPLOYMENT CONTRACT BETWEEN THE EMPLOYEE AND THE SC STATE BOARD FOR TECHNICAL AND COMPREHENSIVE EDUCATION / THE SC TECHNICAL COLLEGE SYSTEM OR THE TECHNICAL COLLEGE OF THE LOWCOUNTRY. THE STATE BOARD FOR TECHNICAL AND COMPREHENSIVE EDUCATION/THE SC TECHNICAL COLLEGE SYSTEM AND THE TECHNICAL COLLEGE OF THE LOWCOUNTRY RESERVE THE RIGHT TO REVISE THE CONTENT OF THIS DOCUMENT, IN WHOLE OR IN PART. NO PROMISES OR ASSURANCES, WHETHER WRITTEN OR ORAL, WHICH ARE CONTRARY TO OR INCONSISTENT WITH THE TERMS OF THIS PARAGRAPH CREATE ANY CONTRACT OF EMPLOYMENT.

The Technical College of the Lowcountry (TCL) is committed to enhancing the overall well-being of our employees through comprehensive wellness initiatives. Our wellness programs are designed to promote a healthy lifestyle, encompassing physical activities such as exercise and healthy eating, as well as tobacco cessation and preventive care. Additionally, these initiatives aim to support financial, social, and emotional wellness, including stress management and mental health. By fostering a culture of health, TCL strives to improve health-related productivity, boost morale, and enhance staff retention.